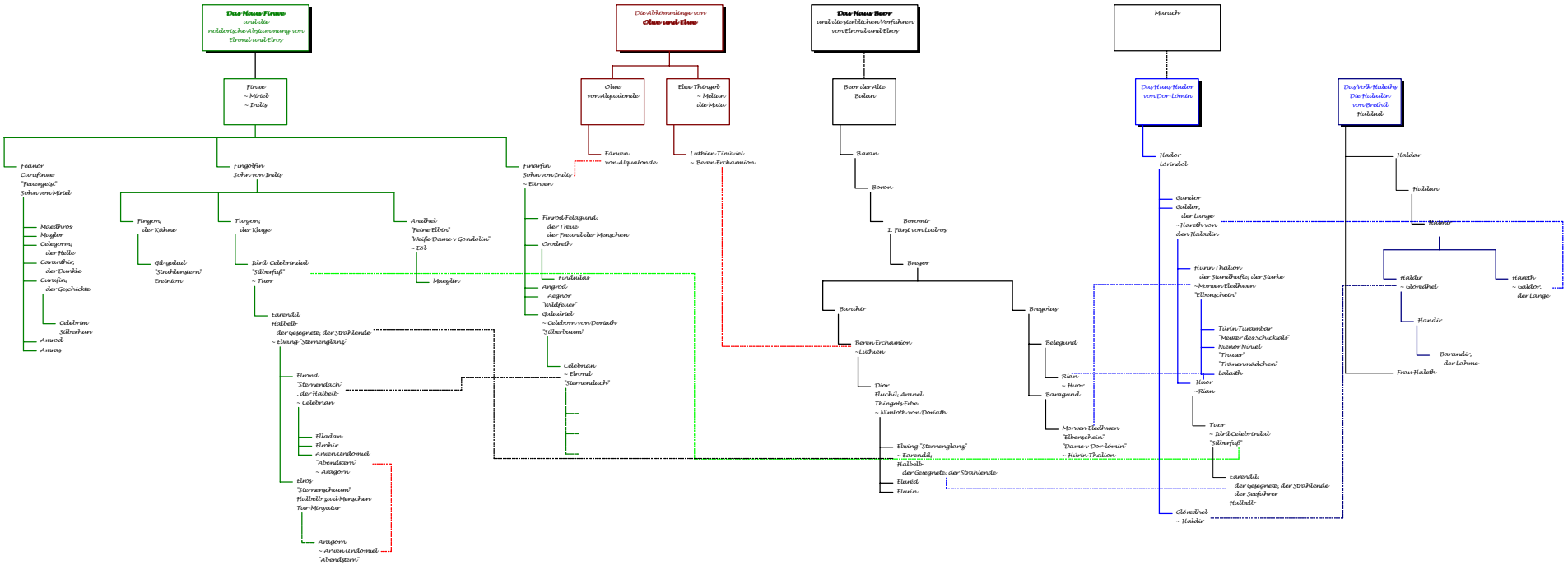Abstammungslinien auf Mittelerde